

WEEK 1					
Days of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Quorn Sausages & Gravy (Ve)	Mexican Bean Burrito (v)	Cheese & Broccoli Bake (v)	Creamy Quorn Pie & Gravy (v)	Fish Fillet Fingers
MAIN MEAL 2	Sweet Potato & Chickpea Curry (Ve)	Mac 'n' Cheese (v)	Roast Quorn Fillet with Stuffing & Gravy (Ve)	Breaded Bean & Veg Grill (Ve)	Margherita Pizza (v)
SIDE DISH	Mashed Potatoes or Brown & White Rice	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Mashed Potatoes or Pasta	Chips or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta & Cheese (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v)	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo
COLD OPTION FIXED	Salmon Mayo Baguette	Cheese Baguette (v)	Tuna Mayo Baguette	Cheese Baguette (v)	Egg Mayo Baguette (v)
DESSERT	Oat & Raisin Cookie (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Apple Crumble & Custard (v)	Chocolate Brick Wall (Ve)
WEEK 2					
Days of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Quorn Fillet with Sweet & Tangy Sauce	Moroccan Tagine (Ve)	Creamy Mash Topped Vegetable Pie (v)	Quorn Burger (v)	Battered Fish
MAIN MEAL 2	Sunshine Eggs with Baked Beans (v)	Cheese Pinwheel (v)	Quorn Pieces with Yorkshire Pudding & Gravy (v)	Veggie Bolognese (Ve)	Margherita Pizza (v)
SIDE DISH	Brown & White Rice or Potato Wedges	Brown & White Rice or Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Spaghetti	Potato Wedges or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese	Cheesy Pasta (v)	Cheesy Pasta (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v)	Salmon Mayo Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo
COLD OPTION FIXED	Tuna Mayo Baguette	Cheese Baguette (v)	Tuna Mayo Baguette	Cheese Baguette (v)	Egg Mayo Baguette (v)
DESSERT	Shortbread (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Pear & Chocolate Sponge & Chocolate Custard	Jammy Cookie (Ve)
WEEK 3					
Days of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Fishcake	Quorn Hotdog (v)	Roast Quorn Fillet with Stuffing & Gravy	Tuna & Tomato Pasta Bake	Fish Fillet Fingers
MAIN MEAL 2	Vegan Quorn Sausage & Gravy (Ve)	Roasted Veg Lasagne (v)	Beany Pasta Bake (Ve)	Baked Bean Slice (Ve)	Margherita Pizza (v)
SIDE DISH	Potato Wedges or Pasta	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Pasta	Chips or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta & Cheese (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v)	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo	Grated Cheese (v) Baked Beans (Ve) Cheese & Beans (v) Tuna Mayo
COLD OPTION FIXED	Tuna Mayo Baguette	Cheese Baguette (v)	Tuna Mayo Baguette	Cheese Baguette (v)	Egg Baguette (v)
DESSERT	Fresh Fruit Wedges (Ve)	Carrot Cake (v)	Fresh Fruit Jelly (Ve)	Apple Charlotte Pudding & Custard (v)	Chocolate Raisin Cookie (Ve)

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