



## PE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	<p><u>Fundamentals</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams.</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will learn to move safely in a space.</p>	<p><u>Gym</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will explore different ways to travel using equipment.</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will learn to move safely in a space.</p>	<p><u>Large Ball Skills</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will be able to control a ball in different ways.</p>	<p><u>Small Ball Skills</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will be able to control a ball in different ways.</p>	<p><u>Athletics</u></p> <ul style="list-style-type: none"> <li>• Communication and language – working in teams, talking with peers and teachers.</li> <li>• Personal, social and emotional development – Working together, overcoming challenges, building resilience.</li> <li>• Physical development – Developing gross motor skills through strength, balance and coordination.</li> <li>• Mathematics – counting and addition when keeping score or getting into groups/teams</li> </ul> <p>Listening, Attention and Understanding. Consistently follow instructions, which involve 2 or more instructions.</p> <p>Gross Motor Children will be able to play by the rules and develop coordination.</p>



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Year 1	<p><u>Fundamentals</u></p> <p>I can change direction at a number of speeds.</p> <p>I can link hopping and jumping moves.</p> <p>I can dodge, twist and show coordination on movement sequences</p>	<p><u>Team Games</u></p> <p>I can work co-operatively with a partner and a small group.</p> <p>I can show honesty and can play fairly.</p> <p>I can understand how to use and follow multiple instructions / rules.</p>	<p><u>Send and Receive</u></p> <p>I can roll / receive a roll with a partner over short and long distances.</p> <p>I can throw accurately over long and short distances.</p> <p>I can kick and control a ball.</p>	<p><u>Fitness &amp; Gym</u></p> <p>I can link actions to create a sequence.</p> <p>I can move my body into different shapes and positions both when static and moving (eg star).</p> <p>I can make my body tense, curled and relaxed when instructed.</p>	<p><u>Striking Games</u></p> <p>I can roll / receive a roll with a partner over short and long distances.</p> <p>I can throw accurately over long and short distances.</p> <p>I can accurately hit a ball from a tee.</p>	<p><u>Athletics</u></p> <p>I can show balance when changing direction.</p> <p>I can link movements eg run and jump.</p> <p>I can throw a number of different objects accurately.</p>
Year 2	<p><u>Fundamentals</u></p> <p>I can jump and land with control.</p> <p>I can demonstrate and ID different styles of throwing for different distances.</p> <p>I can change direction and show appropriate spacial awareness</p>	<p><u>Team Games</u></p> <p>I can work co-operatively with a partner and a small group.</p> <p>I can show honesty and can play fairly.</p> <p>I can understand how to use and follow multiple instructions / rules.</p>	<p><u>Send and Receive</u></p> <p>I can control a kicked ball with the inside and outside of my foot.</p> <p>I can roll a ball to hit a target.</p> <p>I can apply skills into a game situation.</p>	<p><u>Fitness &amp; Gym</u></p> <p>I can link actions to create a sequence.</p> <p>I can demonstrate different levels and direction.</p> <p>I can perform routines on and off equipment.</p>	<p><u>Striking Games</u></p> <p>I can catch a tennis ball that is thrown at me by a partner.</p> <p>I can hit the ball with a number of different pieces of equipment.</p> <p>I can hit a ball accurately and with power from a tee.</p>	<p><u>Athletics</u></p> <p>I can show balance when changing direction.</p> <p>I can link movements eg run and jump.</p> <p>I can throw a number of different objects accurately.</p>
Year 3	<p><u>Netball</u></p> <p>I can demonstrate a range of ways to pass based on distance, obstacles etc.</p> <p>I can Defend 1 - 1 situations well / mark the space well.</p> <p>I can succeed in game situations, applying</p>	<p><u>T.Rugby</u></p> <p>I can demonstrate a range of ways to pass based on distance, obstacles etc.</p> <p>I can Defend 1 - 1 situations well / mark the space well.</p> <p>I can succeed in game situations, applying</p>	<p><u>Gym</u></p> <p>I can show control when completing balance movements.</p> <p>I can complete partner sequences.</p> <p>I can roll with control on / away from apparatus.</p>	<p><u>Net and Wall</u></p> <p>I can understand positions and how to play as a team.</p> <p>I can demonstrate different shot selections from static.</p> <p>I can serve accurately.</p>	<p><u>Rounders</u></p> <p>I can bowl accurately underarm.</p> <p>I can strike the ball with accuracy.</p> <p>I understand how to score runs.</p>	<p><u>Athletics</u></p> <p>I can jump for distance using different take off and landing techniques.</p> <p>I can take part in a relay and know what / when to perform.</p>



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	appropriate passes to help my team.	appropriate passes to help my team.				I can throw a number of objects, knowing the correct techniques for each one.
Year 4	<p><u>Netball</u></p> <p>I can demonstrate passing and shooting accuracy to help my team score.</p> <p>I can demonstrate how to defend in a team situation.</p> <p>I can play small sided games, selecting appropriate skills to help succeed.</p>	<p><u>T.Rugby</u></p> <p>I can demonstrate passing and shooting accuracy to help my team score.</p> <p>I can demonstrate how to defend in a team situation.</p> <p>I can play small sided games, selecting appropriate skills to help succeed.</p>	<p><u>Gym</u></p> <p>I can show control when completing balance movements on equipment.</p> <p>I can complete partner sequences with levels, shapes and equipment.</p> <p>I can jump in a range of ways under control.</p>	<p><u>Net and Wall</u></p> <p>I can demonstrate different shots and show when to apply them.</p> <p>I can understand positions and how to play as a team.</p> <p>I can serve and then hit a return follow up shot.</p>	<p><u>Rounders</u></p> <p>I can bowl accurately under and overarm.</p> <p>I can strike the ball with accuracy and power.</p> <p>I understand how to score points and when to run.</p>	<p><u>Athletics</u></p> <p>I can jump for distance using different take off and landing techniques.</p> <p>I can take part in a relay and know what / when to perform.</p> <p>I can throw a number of objects with power to beat distance attempts.</p>
Year 5	<p><u>Basketball</u></p> <p>I understand and I can demonstrate when to apply appropriate techniques to attacking situations to help my team.</p> <p>I understand and I can demonstrate when to apply appropriate techniques to defending situations to help my team.</p> <p>I can put skills into game play situations appropriately</p>	<p><u>Hockey</u></p> <p>I understand and I can demonstrate when to apply appropriate techniques to attacking situations to help my team.</p> <p>I understand and I can demonstrate when to apply appropriate techniques to defending situations to help my team.</p> <p>I can put skills into game play situations appropriately</p>	<p><u>Gymnastics</u></p> <p>I can canon and sync with a partner.</p> <p>I can match and mirror on the floor and on equipment.</p> <p>To create a partner sequence using apparatus.</p>	<p><u>Net &amp; wall</u></p> <p>I can demonstrate a range of shots with control.</p> <p>I can demonstrate how to hit accurately.</p> <p>I can rally with a partner.</p>	<p><u>Cricket</u></p> <p>I can bowl accurately under and overarm (cricket).</p> <p>I can strike the ball with accuracy and power.</p> <p>I understand how to score points and when to run.</p>	<p><u>Athletics</u></p> <p>I can apply the correct strategies for races of different length.</p> <p>I can choose appropriate techniques for different throws.</p> <p>I can jump in a range of ways</p>



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Year 6	<u>Basketball</u>	<u>Hockey</u>	<u>Gymnastics</u>	<u>Net &amp; wall</u>	<u>Cricket</u>	<u>Athletics</u>
	<p>I can attack in a game situation, demonstrating how to succeed in possession of the ball.</p> <p>I understand and can demonstrate how to defend appropriately in a game situation.</p> <p>I understand the different positions and what each role they can and can't do / help their team.</p>	<p>I can attack in a game situation, demonstrating how to succeed in possession of the ball.</p> <p>I understand and can demonstrate how to defend appropriately in a game situation.</p> <p>I understand the different positions and what each role they can and can't do / help their team.</p>	<p>I can develop jumps at different heights and from different apparatus.</p> <p>I can create a group sequence using formations and apparatus.</p> <p>I can use flight from hands to travel over apparatus.</p>	<p>I can demonstrate a range of shots with control.</p> <p>I can demonstrate how to hit accurately in a game situation.</p> <p>I can play doubles showing understanding of positions.</p>	<p>I can bowl accurately under and overarm (cricket).</p> <p>I can strike the ball with accuracy and power.</p> <p>I understand how to score points and when to run.</p>	<p>I can perform a triple jump.</p> <p>I can put together sequences of movements in different events.</p> <p>I can apply relevant techniques / strategies to succeed.</p>