

<u>Intent</u>

PE aims to ensure that all pupils lead active, healthy lives by engaging in competitive sports and activities. By being physically active for sustained periods of time, pupils develop competence in a broad range of physical activities that contribute to living healthy, enjoyable lives.

By the end of Year 6 our children will have developed:

- Tolerance and respect by working collaboratively through games and sports.
- Resilience and independence by being active for a sustained period and overcoming challenges faced in competitive sports and activities.
- Desire to improve themselves by understanding and leading healthy and active lives.
- A lifelong love of learning by mastering basic movements and applying them in a range of different settings throughout their life.
- Self-advocacy by expressing themselves with confidence and respect when the outcomes of games and sports do not go their way.